

Need Food or a Meal?

There is help for the greater Middletown community



ALL SUNDAYS ~ February & March

12:30 – 1:30 pm FREE dinner served

**WHERE? Social Hall, Middletown Methodist Church
15851 Armstrong Street ~ Middletown**

NEW: In February Free meals at MCUMC

BREAKFAST: Thursdays 7-9 am & Sundays 8 – 9 am

DINNER: Wed. & Fridays 5–7 pm & Sundays 12:3 –1:30pm

Additional Monthly Middletown Food Programs

Commodities ~ 1st Wed., 9-11 am or until food runs out

Lions Building on Central Park Rd.

Food Bank Low Income ~ 2nd Tues., 9:15 – 10:15 am

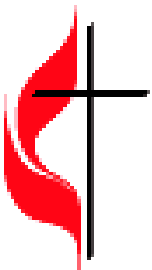
M'town Senior Center on Central Park Rd.

**Catholic Charities Rural Food Program 3rd Wed., 4-6 pm or until
food runs out *Bush St. behind Tri Counties Bank***

**Methodist Food Program – MCUMC ~4th Wed. each
month, 9:30-11 am *15851 Armstrong St.***



PLEASE help us spread the word...



Provided courtesy of the Middletown Community Methodist Church.
Open Hearts, Open Doors, Open Minds following Christ Jesus
Sunday services are at 11 am ~ Everyone is welcome
Phone 707 295-7174 or email middletownmethodist@yahoo.com for more info