

AREA PROGRAMS, SERVICES, HOSPITALS & METHODIST CHURCHES

Phone area code 707 unless otherwise listed

Catholic Charities 987-8139
Lake County Social Services 995-4200
Lake Family Resource Center 888-485-7733
Parent Partner Lake Co. Mental Health 994-7090 ext.26135
Salvation Army 995-1128
Middletown Senior Center 987-3113
HOSPICE of Lake County 263-6222

St. Helena Hospital CLEARLAKE *(formerly Redbud)*
18th Avenue & Highway 53 Clearlake 994-6486

Sutter Lakeside Hospital 262-5000
St. Helena Adventist Hospital 1-800-660-3611
Ukiah Valley Medical Center 462-3111
Mendocino County Mental Health 263-0180
Sutter Memorial Santa Rosa 576-4000
Kaiser Permanente Santa Rosa 571-4000
Suicide Prevention Resource ~ www.sprc.org
If thinking about suicide ~ www.metanoia.org

Area Methodist Churches ~ Sunday service hours ~ phone numbers

Clearlake 11 am Service 994-2134
Clearlake Oaks 10:45 am Service 998-9435
Kelseyville 9 am Service 279-4664
Lakeport 9 & 11 am Service 263-4788
Lower Lake 9 am Service 994-2507
Middletown Methodist 11 am Service 295-7174
Upper Lake 11 am Service 275-2459

